

Chia and Horse Allergies

The particular horse in this study was an 11 year old Paint mare that was extremely skin sensitive and had severe allergic reactions to bug bites (huge welts and bumps). She was generally swathed in a fly sheet and mask during the bug season to make her as comfortable as possible. Most fly spray also caused a reaction so we were very discriminate about the brand we used. There was very little relief from any of the sprays.

In November of 2010, two ounces of Chia from AZChia was added to her daily supplement of HS-35.

During the summer of 2011, this mare, who would normally exhibit big bumps and welts from bug bites, was **almost free of bug allergies**. As a precaution, we still used a fly sheet, but not nearly as much as previous years, and if we forgot to put it on, she did not get the welts and bumps as in previous years. Her skin sensitivity issues have eased and the study will continue into 2012.

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